



POINTS OF INTEREST

- Brain Teasers
- Promotions/ New Hires
- Retirement
- Birthdays
- Department News
- Christmas Decorations
- Holiday Giving drive
- Brain Teaser Answers
- Recipes
- Employee Recognition
- Alabama/Auburn
- Contact Information

Good Spirits

JANUARY 2014

January is Brain Teaser Month

Brain Teasers & Mind Games

A healthy brain works better longer, keeping memory accurate and thought processes clear. The same things that keep your body healthy (exercise, eating right, getting enough sleep) also keep your brain healthy. However, there is one additional step to preserving the brain's health and abilities: exercise for the brain!



Doing crosswords and puzzles, learning a new language and spending time with friends and colleagues are all important parts of preserving your brain and memory. These activities have been shown to stimulate the brain and increase the connections between brain cells. You can also:

- Take a class
- Develop a new hobby
- Take music lessons
- Volunteer

Finding Brain Teasers

Puzzles and brain teasers are everywhere. Most daily newspapers have a page of word games and crossword puzzles that can provide the challenge the brain needs. Or you can find games online.

As always, a balanced approach to health is preferable. Researchers have shown that learning new things and doing crossword puzzles help with memory - but research also has shown that 10 minutes of chatting with another person has the same beneficial effect on memory as doing a puzzle, and socializing is known to reduce the risk of dementia.

It is also important to focus on enjoying yourself as much as challenging yourself. Find puzzles and brain challenges that give you some pleasure and a sense of accomplishment for the time and effort you put in.

Most puzzles have different levels of difficulty. Crosswords in the daily paper are often easy on Monday and get increasingly difficult through Sunday. Sudoku puzzles (a kind of number puzzle) are rated with a star system, from one star for easiest to five stars for hardest; they also get harder through the week. Realize that it is OK to not be able to do the hardest puzzles. Just find the level that suits you and challenges you a little, and do those puzzles daily.

By: Madeline Vann, MPH



(1)

When I'm young I'm tall,
When I'm old I'm short,
When I'm alive I glow,
Because of your
breath I die,
What am I?

(2)

I have streets but no
pavement,
I have cities but no
buildings,
I have forests but no
trees,
I have rivers yet no
water.
What am I?

(3)

The red house is on one side and the
blue is on the other, where is the
white house?

(4)

What is so fragile that
sound can destroy it?

(5)

How can you get 10 horses in to 9 stables,
bearing in mind that each horse must
have its own stable?

Answers on Page 23

What does each word or phrase mean?

(6) I RIGHT I

(7) XLR8

(8) QTPI

(9) esgg sgeg gegs gsge

(10) TOIMWN

(11) 10AC

(12) yyuryyubicuryy4me

(13) /R/e/a/d/i/n/g/

(14) arupms

(15) MEREPEAT

(16) CCCCCCCC

(17) I'm A B C D E F G H I J K L M N O P Q R S T V W X Y Z

(18) STOOD

MISS

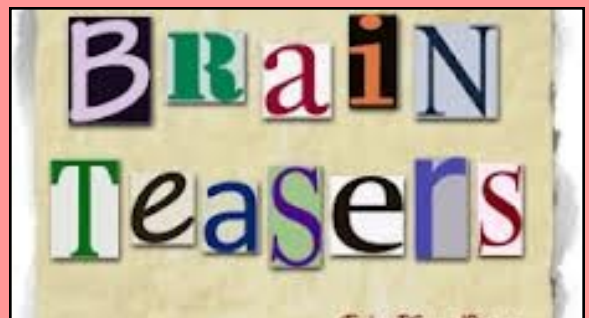
(19)

GIVE

GIVE

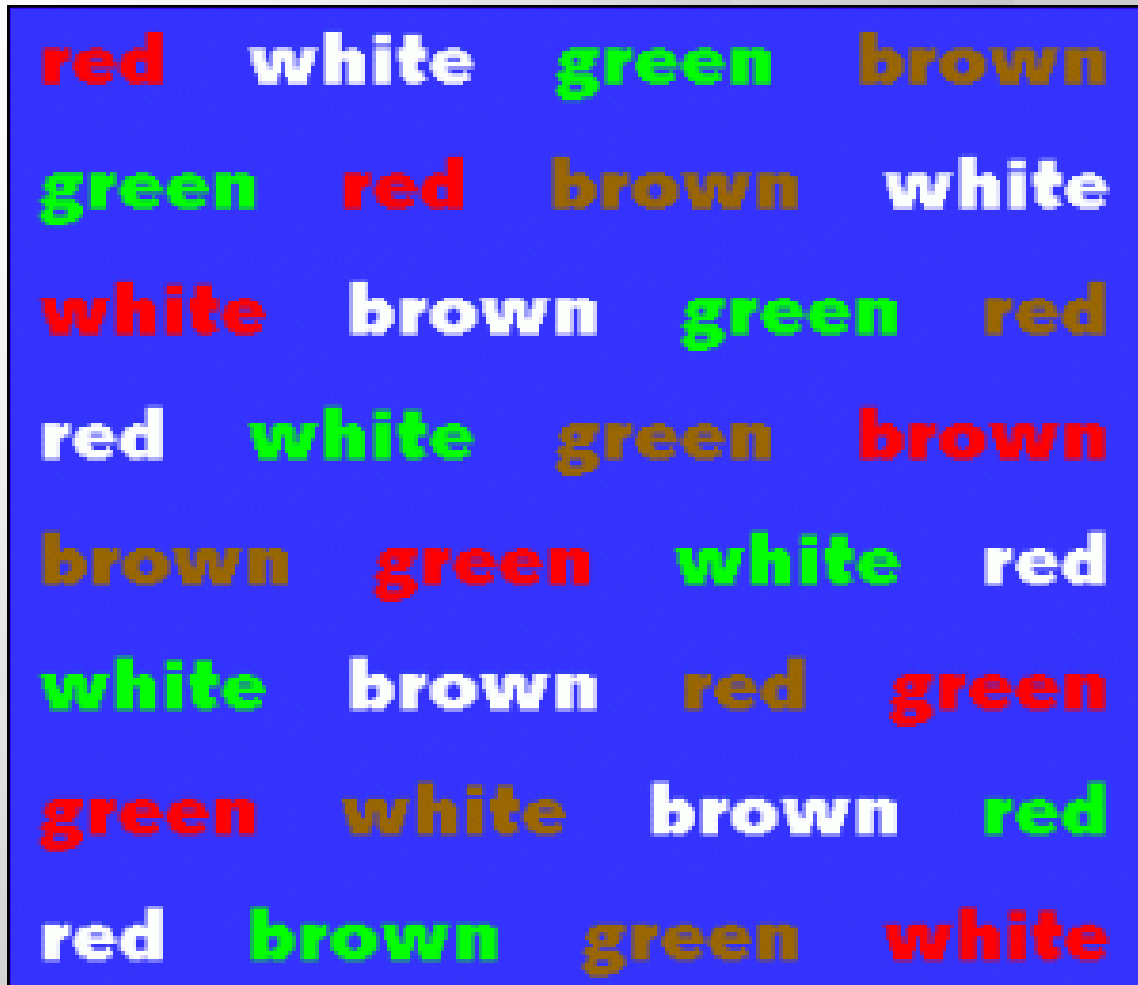
GIVE

GIVE



Answers on Page 23

More Brain Teasers



Quick! Say aloud what color you see in every word, **Not** the word you read.



**Congratulations on your
promotion**

**Sandra Woods, Manager I,
Store #151**

**Stephen Griffin, Manager I
Store #175**



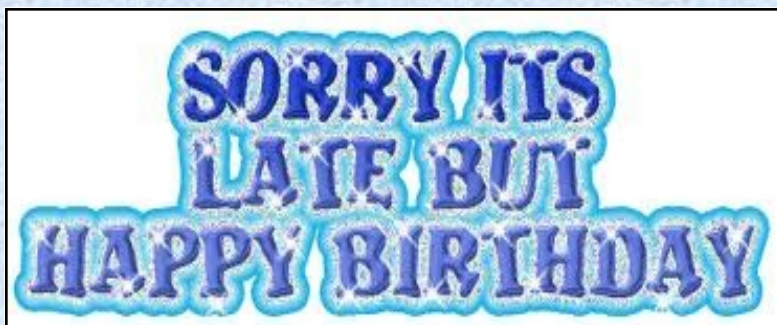
Congratulation on your Retirement:

June Jones, Manager—Store #128

Darrell Wallace, Enforcement

Patsy Smith, Auditing

Frankie Payne, Manager—Store #87



January 20

Greg Sims, Auditing

February 1

Matt Harvey, Store #19

Tera Brown, Floater D#3

February 2

Dorman Carr, Store #153

Kim Jenkins, Store #228

February 3

Stephen Mitchell, Information Technology

Peggy Clark, Floater D#8

Dave Taylor, Enforcement

Dewey Crowe, Store #49

February 4

Laurence Garrett, Store #150

Misti-Reign Gilpin, Store #22

February 5

George Cook, Enforcement

Ken Smith, Enforcement

Clifford Martin, Warehouse

Shelia Miller, Store #68

February 6

Jim Harry, Auditing

Mike Cook Enforcement

Green Fountain, Enforcement

James Rigby, Enforcement



February 7

Randy Parker, SOC

Alison Law, Product Management

February 8

Joan Hatfield, Store #193

February 10

Lucas Singleton, Enforcement

February 11

Blake Wilford, Store #125

February 12

Pamela Bankston, Store #152

Betty Daw, Floater D#11

Greg Bradford, Stores Security

Cheryl Mason, Accounting

February 14

Corey Springs, Store #38

Todd Hall, Enforcement

Chris Nesbit, Store #176

February 15

Robert Wyke, Enforcement

Tracy Owens, Store #37

February 17

Lynn Riley-Ruud, Store #137

February 18

Zachary Gilbert, Store #132

February 19

Donna Spraggins, Store #85

February 20

Jackie Granger, Front Office

Greg Gibson, Store #124

February 22

Todd James, Store #95

February 23

Reshea Green, Store #12



February 25

Steven Owens, Enforcement

February 26

Belinsia Johnson, Information Technology

Calvin Baber, Store #132

Lavonne White, Store #116

February 27

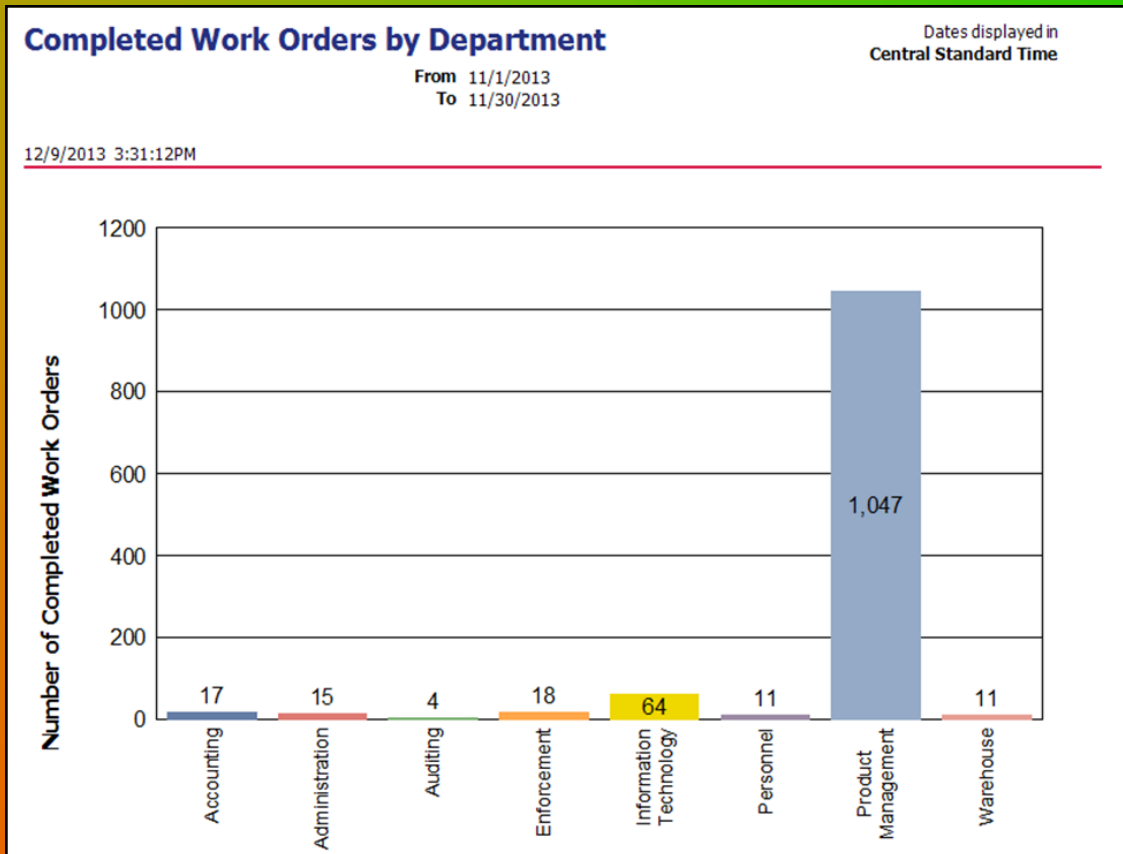
Kathy Martin, Store #69

Debra Moore, Assistant Director South

February 28

Ingrid Turner, Store #150

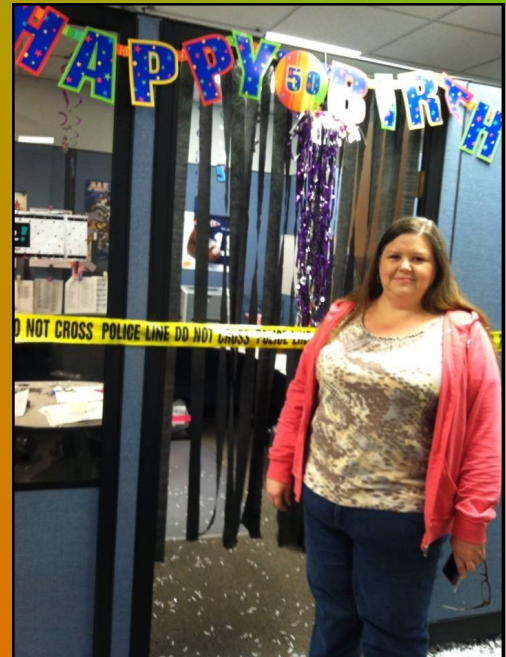
Information Technology



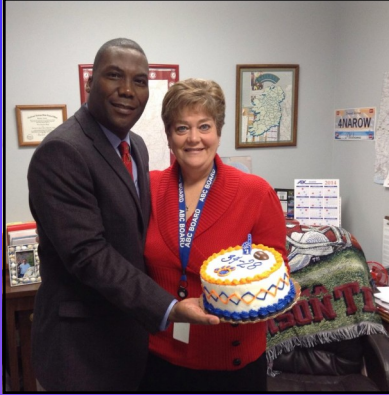
Accounting



Carolyn Carter and Ruby Deutschendorf, from Accounting after their Caribbean Cruise.



The Accounting Department decorated Kay Plant's office for her 50th Birthday



Captain John Richardson
and Debra Moore

Yes I (Debra Moore) had to pay up to Captain Richardson after the Alabama Auburn Game. The cake was a Carrot Cake to keep the Orange theme. It was almost a Red Velvet Cake, wouldn't that have surprised Captain Richardson when he cut into the Cake.



Jennifer Holton,
Captain John Richardson
and Debra Moore



Faith Ann Hubbart

The second annual McDavid -Jones beauty pageant was held Friday December 13th. The pageant was presented by the booster club to raise funds for campus improvement projects. Fifth grader Faith Ann Hubbart was the recipient of The Peoples Choice Award. The award was presented to the participant who received the most votes overall. She is the daughter of Cindy and David Hubbart and the granddaughter of Debra (Stores Director) and Gary Larison (Manager III Store #67), and Joni (Manager II, Store #64) and Ronnie Musgrove.

Christmas Luncheon at the ABC Central Office



Crown Royal bag promotion for the Veterans

Crown Royal had a promotion where they would donate \$1.00 for every Crown Royal bag collected up to \$25,000.00 (nationwide) to the Veterans.

ABC Store #104 in Pell City issued a challenge to all the other stores in District #3 (Calhoun, Cherokee, Cleburne, Etowah, Marshall, St. Clair and Talladega Counties) as to which store could collect the most Crown Royal Bags in the Donate your Bag for the Veterans campaign. The Contest ended the close of business on Wednesday, December 11, 2013. On Tuesday December 17th, 2013 Cody Walker with North American Spirits & Wine furnished pizza to the store that collect the most bags. The winner was Store #156, Anniston. They collected a total of 1001 bags. The goal for the district was 2,500 bags the final total was an amazing 4,454 bags. To District #3 I would like to say Thank you for a Job Well done.

Martha Kate Wise, District #3 Stores
Operations Supervisor

Listed below are the totals for the stores that collected bags:

Lincoln 430 bags
Rainbow City 62 bags
Oxford 691 bags
Saks 249 bags
Pell City 722
Attalla 3 bags
Albertville 803 bags
Gadsden 132 bags
ANNISTON 1001
Centre 328 bags
Heflin 33 bags



**“And the WINNER IS
Store 156 – Anniston with
1001 bags”**

**L to R—Anna Smith, Ollie
Jacobs, Sales Associate II
and Lynsey Coston-Haynie,
Manager I**



Demopolis, Store #116



Mobile, Store #165



Linden, Store #117



Semmes, Store #141

Diane James Sales Associate at Store #141 getting into the Christmas Spirit



Camden, Store #113

Montgomery, Store #5



Christmas Spirit Stores Division



Robertsdale Store #179



Brent Store #134



Greenville
Store #142



Christmas Spirit Stores Division

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Jacksonville, Store #22

Pell City, Store #104



Heflin, Store #231

Christmas Spirit Stores Division



Tillmans Corner, Store #139



Jackson, Store #75



Citronelle, Store #10



Mobile, Store #196



York, Store #47



Eight Mile, Store #93



Saraland, Store #61



Butler, Store #35



Livingston, Store #60



Andalusia, Store #40



Opelika, Store #33

Christmas Spirit Stores Division

Mobile, Store #84



Oxford, Store #76



Mobile, Store #182



Christmas Spirit Stores Division



Lincoln, Store #09



Mobile, Store #164



Luverne, Store #91

Christmas Spirit Stores Division



Mobile, Store #65



Chickasaw, Store #85



Christmas Spirit Stores Division

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Attalla, Store #122



Auburn, Store #31



Albertville, Store #129



Union Springs,
Store #52



Daleville, Store #120



Christmas Spirit Stores Division



Auburn, Store #4



Lafayette, Store #131



Tuskegee, Store #96



**Thanks to Lynn and Morris
for decorating the front
entrance to the ABC
Central office with so
much Christmas Spirit!**

Holiday Giving drive to help Autauga Interfaith Care Center

A big Thank You to everyone that participated in the Holiday Giving drive to help Autauga Interfaith Care Center (AICC). It was a huge success. Attached is a picture of items that were delivered today along with monetary donations amounting to \$160.00.

During this time when so many people are struggling, the donations will go a long way and help many. Thank you again to everyone who participated and helped to make this a success!

Kelli Folmar

Account Clerk

Audit División



Brain Teasers Answers

(1) - Candle

(2) Map

(3) Washington DC

(4) Silence

(5) |T|E|N|H|O|R|S|E|S|

(6) Right Between the eyes

(7) Accelerate

(8) Cutie Pie

(9) Scrambled Eggs

(10) I'm in town

(11) Tennessee

(12) Too Wise you are, too wise you be, I see you are too wise for me

(13) Reading between the lines

(14) Up in Arms

(15) Repeat after me

(16) The Seven Seas

(17) I'm missing u

(18) Misunderstood

(19) Forgive





Oreo Football Cookie Balls

1 brick cream
cheese, softened
1 (15 1/4 ounce)

package oreo chocolate creme cookies, finely crushed
2 packages bakers semisweet chocolate, melted (8 squares
each)

1 tablespoon white decorating icing

Directions:

1

MIX cream cheese and cookie crumbs until well blended.

2

SHAPE into 40 (1-inch) football shapes. Freeze 10 minute Dip in melted chocolate; place in single layer in shallow waxed paper-lined pan. Use icing to draw laces on footballs.

3

REFRIGERATE 1 hour or until firm.

Super Bowl Recipes

Super Bowl Punch

Ingredients

1 liter vodka

3 (12-ounce) bottles beer (recommended:
Corona)

3 (6-ounce) containers frozen limeade,
thawed

3 (1-liter) bottles club soda

3 limes, sliced into wheels

Ice, for serving

Lime wedges, for garnish

Directions

Add the vodka, beer, limeade, and club soda to a large serving container and mix well. Add lime wheels and pour into tall tumblers filled with ice. Garnish each glass with a lime wedge and serve



Bratwurst Sliders

Brown sliced bratwurst in an oiled skillet over medium-high heat. Mix mustard and mayonnaise; spread on mini onion rolls. Fill with the bratwurst and some sauerkraut.



It is time to start thinking about who will be the Sales Manager of the Year for 2013. The prize for Sales Manager of the Year will be announced at a later date. Listed below are the criteria for Sales Manager of the Year.

CRITERIA FOR SALES MANAGER

- 1). Any Sales Manager must have been performing at a rating of 3 or above and no unsatisfactory work habits from March 1, 2013—February 28, 2014 and no disciplinary action during this period.
- 2). Any Sales Manager nominated must be in permanent status with at least 12 months employment as an ABC Sales Manager I or above.
- 3). Any Sales Manager nominated must have displayed job performance that can be specifically described as going “above and beyond”.
- 4). Any Sales Manager nominated must have displayed exemplary customer service, professionalism and teamwork that can be specifically described.
- 5). Any Sales Manager nominated must have a consistent record of training subordinate employees in store procedures and employee supervision on the level that promoted efficient store operations and employee development.

*** Where Applicable***

- 6). The ABC Store of any sales manager nominated must be exemplary in cleanliness and organization.

*** ABC Sales Manager must meet all six of above listed items except for Number 5 for one-man stores to be nominated.***



It is time to start thinking about who will be the Sales Associate of the Year for 2013. The prize for Sales Associate of the Year will be announced at a later date. Listed below are the criteria for Sales Associate of the Year.

CRITERIA FOR SALES ASSOCIATE

- 1). Any Sales Associate must have been performing at a rating of 3 or above and no unsatisfactory work habits from March 1, 2013—February 28, 2014 and no disciplinary action during this period.
- 2). Any Sales Associate nominated must be in permanent status with a least 12 months employment as an ABC Sales Associate.
- 3). Any Sales Associate nominated must have functioned often as a PIC during the time period of March 1, 2013—February 28, 2014 and must have done so with no critical errors and on the level that promoted efficient store operations.
- 4). Any Sales Associate nominated must have displayed job performance that can be specifically described as going “above and beyond”.
- 5). Any Sales Associate nominated must have displayed exemplary customer service, professionalism and teamwork that can be specifically described.

ROLL TIDE ROLL



Date	Opponent	Location	Score
08/31	Virginia Tech	Atlanta, Ga	(W) 35-10
09/14	at Texas A&M	College Station, Tx	(W) 49-42
09/21	Colorado State	Bryant-Denny	(W) 31-6
09/28	Ole Miss	Bryant-Denny	(W) 25-0
10/05	Georgia State	Bryant-Denny	(W) 45-3
10/12	at Kentucky	Lexington, Ky	(W) 48-7
10/19	Arkansas	Bryant-Denny	(W) 52-0
10/26	Tennessee	Bryant-Denny	(W) 45-10
11/09	LSU	Bryant-Denny	(W) 38-17
11/16	at Mississippi State	Starkville, Ms	(W) 20-7
11/23	UTC	Bryant-Denny	(W) 49-0
11/30	at Auburn	Jordan-Hare	(L) 28-34



All State Sugar Bowl

January 2, 2014—7:30 pm

#3Alabama vs #11 Oklahoma



A U B U R N

WAR EAGLE

Date	Opponent	Location	Score
08/31	Washington State	Jordan-Hare	(W) 31-24
09/07	Arkansas State	Jordan-Hare	(W) 38-9
09/14	Mississippi St.	Jordan-Hare	(W) 24-20
09/21	at LSU	Baton Rouge, La	(L) 21-35
10/05	Ole Miss	Jordan-Hare	(W) 30-22
10/12	Western Carolina	Jordan-Hare	(W) 62-3
10/19	at Texas A&M	College Station, Tx	(W) 45-41
10/26	Florida Atlantic	Jordan-Hare	(W) 45-10
11/02	at Arkansas	Fayetteville Ak	(W) 35-17
11/09	at Tennessee	Knoxville, Tn	(W) 55-23
11/16	Georgia	Jordan-Hare	(W) 43-38
11/30	Alabama	Jordan-Hare	(W) 34-28

2013 SEC Champs—Auburn Tigers



Vizio BCS National Championship Game

January 6, 2014—7:30 pm

#1 Florida State vs #2 Auburn

If you would like to have something placed in the Newsletter
please use the following contacts:

Accounting: Pam Vojnovski (pam.vojnovski@abc.alabama.gov)

Auditing: Sissy Harris (sissy.harris@abc.alabma.gov)

Enforcement: Carolyn Burdette
(carolyn.burdette@abc.alabama.gov)

Information Technology: Sylvia Temple
(sylvia.temple@abc.alabama.gov) or
Stephen Mitchell (stephen.mitchell@abc.alabama.gov)

Personnel: Stan Goolsby (stan.goolsby@abc.alabama.gov)

Product Management: Britney Thames
(britney.thomas@abc.alabama.gov)

Warehouse: Betty Flowers (betty.flowers@abc.alabama.gov)

Stores Central Office and Administrator's Office:

Debra Moore (debra.moore@abc.alabama.gov)
or Jennifer Holton (jennifer.holton@abc.alabama.gov)

Store Personnel should contact their District Supervisor!

**If you have any questions please do not hesitate to
contact me either by phone or email.**

Debra S. Moore

334-260-5425